



NAMI
Sonic Vibration Machine
www.jpmedics.com





Effects of Sonic Waves

Sonic waves exercise and soften tendons and ligaments which are hard to exercise. Sonic waves exercise not only big muscles of the human body but also small muscles such as facial muscles and pelvic muscles, which usual weight trainings cannot exercise. Whole body vibration exercise combined together with usual power training will increase maximum muscle strength by an additional 30%, reduce required training period by 85%, and will also reduce training sessions by more than 50%. Contrary to general muscle training like weight lifting, vibration exercise does not cause any overload to the joint, tendon, or ligament; in other words, it does not cause any risk of injury.

Advanced Training Programs

For athletes who use a lot of energy in a short amount of time, like runners and individuals who are jumping and throwing, it is very critical to maintain the weight and performance of your slow twitch muscle fibers, but luckily, the Nami will do exactly that.



NAMI
Sonic Vibration Machine Colors



Red

Purple

Charcoal

www.jpmedics.com



JPMEDICS Nami

The JPMEDICS NAMI is a very effective product for people who cannot exercise due to psychological or physical problems. It is also great for individuals who does not have time or space to exercise. NAMI provides the effect of a regular aerobic exercise experience.

1 Sonic Vibration Massage

Sonic wave vibration technology stimulates muscle fibers (myocytes) stronger than gravity, and exercises muscle fibers to repeat fast and strong contraction and relaxation.

2 Body Sensors & Weight Scanning

For safety, we have added body and weight sensors to the Nami. If someone under 80 pounds sits or stands on the machine, the Nami will not work.

3 Auto Programs

The Nami Sonic Wave Vibration has four auto programs created to maximum the exercise effect for each specific body region.

4 7" LCD Screen

The control for the Nami is an easy to use touch screen control.

5 Manual Program

In a manual program, you are able to create your own personalized sonic vibration routine.

6 Memory Mode

With the Nami control, you are able to save your favorite manual program for future use.

7 Mobile Phone Slot

For added convince, there is a spot for you to place your cell phone while you are using the Nami.